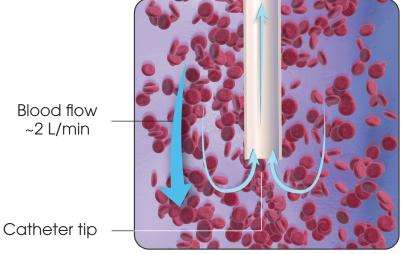


Your guide for assessing catheter function





With a blood flow through the superior vena cava (SVC) of approximately 2 liters per minute,<sup>1</sup> a freeflowing blood return should be readily achievable



#### Superior vena cava

© Adam Questell. A KYU Design

Before administering medications and solutions, you should be able to achieve a brisk, free-flowing blood return that is the color and consistency of whole blood<sup>2</sup>

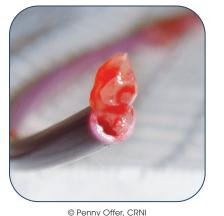
"During initial flush, slowly aspirate the VAD (vascular access device) for free-flowing blood return that is the color and consistency of whole blood, an important component of assessing catheter function prior to administration of medications and solutions."<sup>2</sup>

-INS Infusion Therapy Standards of Practice 2021, page \$114. standard 41, practice criterion D

### Catheter occlusions can be partial or complete<sup>3</sup>

- Partial occlusion: ability to infuse but not withdraw fluids, or the presence of sluggish flow\*
- Complete occlusion: inability to infuse or aspirate

#### Partial occlusion



Recovered triple-lumen catheter showing a fibrin tail Complete occlusion



© Penny Offer, CRNI Fibrin sheath encasing a completely occluded catheter



\*One quantitative measure for sluggish flow is a blood return of less than 3 mL in 3 seconds, as recommended by the Oncology Nursing Advisory Board.<sup>4</sup>



### Before administration of medications and solutions<sup>2</sup>

 Always perform hand hygiene, gather supplies, don gloves, and disinfect needleless connector  Always ASPIRATE AND FLUSH the central venous access device (CVAD) for a positive blood return



## Aspirate<sup>2</sup>

- ASSESS for brisk blood return that is the color and consistency of whole blood
- May occur before, during, or after flush (check your CVAD protocol)



#### Flush<sup>2</sup>

- Slowly INJECT with preservative-free 0.9% sodium chloride, USP, using a 10-mL syringe into CVAD, noting any resistance or sluggish flow
- Do not forcibly flush (consider the pulsatile flush or push-pause technique)

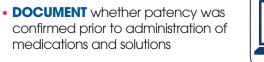
## 2

## Catheter is PATENT

- NO RESISTANCE when aspirating and flushing
- BRISK, free-flowing blood return that is the color and consistency of whole blood
- Ready to **ADMINISTER** medications and solutions

### Documentation<sup>2</sup>

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# Catheter is NOT PATENT

- **RESISTANCE** (or no blood return) when aspirating or flushing
- Blood return that is SLUGGISH or not the color and consistency of whole blood
- Need to TROUBLESHOOT

#### Troubleshoot<sup>2,5</sup>

#### A. Check for presence of nonthrombotic obstruction

- Mechanical
  - EXAMINE tubing, extension set, CVAD, and needleless connector



- **REPOSITION** patient (eg, raise arm, turn head)
- Medication precipitation
- REVIEW intravenous medications administered via CVAD for incompatibilities

**B.** Suspect thrombotic occlusion after ruling out mechanical obstruction and medication precipitation

- Thrombotic occlusion
  - FOLLOW your CVAD policy for subsequent intervention

References: 1. Mohiaddin RH, Wann SL, Underwood R, Firmin DN, Rees S, Longmore DB. Vena caval flow: assessment with cine MR velocity mapping. *Radiology*. 1990;177(2):537-541. 2. Infusion Nurses Society. Infusion therapy standards of practice. *J Infus Nurs*. 2021;44(supp1):S1-S224. 3. McKnight S. Nurse's guide to understanding and treating thrombotic occlusion of central venous access devices. *Medsurg Nurs*. 2004;13(6):377-382. 4. Cummings-Winfield C, Mushani-Kanji T. Restoring patency to central venous access devices. *Clin J Oncol Nurs*. 2008;12(6):925-934. 5. National Institutes of Health. Management of central venous catheter occlusions. *Pharm Update*. 1999:1-4.

